

The Care Program is a one-on-one equine facilitated non-riding class that explores aspects of life skills to enable youth to meet challenges in their lives, while giving them a safe place to explore possible solutions.

The activities with the horses are designed for self-discovery.

“Success” is not always about meeting a standard goal, but allowing the exploration of a process, making adjustments along the way to examine what may be the best fit for their unique life circumstance.

If a child can learn coping skills at an early age, there is a better chance they will use these skills into adolescence and adulthood - leading to better overall mental health and a more positive life experience.

CARE assists individuals facing emotional challenges which may be creating roadblocks in their lives by creating an avenue for them to develop coping skills and gain life skills.

Each week's themed activities are age appropriate, the program is offered to youth ages 5-18.

Classes are directed by an experienced independent equine learning facilitator, certified in the EAGALA (Equine Assisted Growth and Learning) model practice.

Equine Facilitated Learning (EFL) is a non-mounted, educational approach that incorporates equine facilitated activities using the experience of equine/human interaction in an environment of learning and self-discovery.

EFL encourages personal explorations of feelings and behaviors to help promote human growth and development.

This unique learning model allows students to work in a positive environment and achieve positive results.

This program is made possible, in part, through funds received from:



for youth

at risk of not

achieving their

full potential



Care

an Equine Facilitated
Learning Experience

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